

Directions To Christ the King Regional High School

68-02 Metropolitan Avenue, Middle Village, Queens, NY 11379

From Montreal - Auto route 15 to the New York Border. Interstate 87 south to the NY State Thruway. Take the Thruway to the Tappan Zee Bridge. Continue on the Thruway to the Major Deegan Expressway. Take the Major Deegan to the Cross Bronx Expressway east or take the Major Deegan to the Whitestone Bridge. Take the Whitestone Expressway to the Van Wyck Expressway South. Take the Van Wyck to the Jackie Robinson Parkway. Take the Jackie Robinson to Metropolitan Avenue. Right turn on Metropolitan Avenue 1.5 miles.

From Long Island (LIE) - Take LIE to the Van Wyck South. Take the Van Wyck to the Jackie Robinson Parkway. Take the Jackie Robinson to Metropolitan Avenue. Right turn on Metropolitan Avenue 1.5 miles.

From Long Island (Southern State) - Take Southern State to the Belt Parkway. Take Belt south to Crossbay Blvd. Exit 17 North. Turn right onto Crossbay which becomes Woodhaven B'lvd and continue north to Metropolitan Avenue approx. 2 miles. Make a left onto Metropolitan Avenue. Left turn on Metropolitan Avenue 1.3 miles to Christ the King HS.

From Manhattan (Queensboro Bridge) - Take 59th Street to Queensboro Bridge. Take Queens Blvd. East 3.5 miles. Make a right onto Woodhaven Blvd. Taken Woodhaven South 1.5 miles. Make a right onto Metropolitan Avenue. Take Metropolitan Avenue 1.3 miles to Christ the King HS (left side).

From Manhattan (Queens Midtown Tunnel) - Queens Midtown Tunnel becomes I-495 E Take the Woodhaven Blvd exit- exit number 19- towards RT-25/Rockway/Queens Blvd. Keep right at the fork in the ramp. Keep right at the fork in the ramp. Turn right onto Woodhaven Blvd. Turn right onto Metropolitan Avenue. 1.3 miles to Christ the King HS.

From Staten Island - Take the Staten Island Expressway to the Verrazano Narrows Bridge. Take the Belt Parkway East (Shore Parkway) to Crossbay Blvd./Woodhaven B'lvd Exit 17.North. Turn left onto Crossbay and continue North 2.5 mile to Rockaway Blvd. Make a left onto Metropolitan Avenue. Look for movie theater. Turn left on Metropolitan Avenue 1.3 miles to Christ the King on the left side.

From New Jersey (Edison) - Take the I-287 East to the New Jersey Turnpike. Take the NJ Turnpike to the Goethals Bridge. Follow Staten Island Directions.

From Maryland and the South - Take I 95 to the Outerbride or Goethals Bridge and follow the Staten Island Directions.

Shorinjiryu Shinzen Kyokai

INVITES MEMBERS OF THE

SHORINJIRYU KARATE FAMILY

TO

31st Shorinjiryu Shinzen
International Invitational Shiai

THE



Tournament Venue

Christ the King H.S.
68-02 Metropolitan Ave.
Middle Village, NY 11379
Starting time 9am

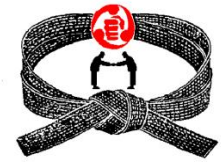


Awards/Dinner Dance

Christ the King H.S.
68-02 Metropolitan Ave.
Middle Village, NY 11379
7:30PM – 1AM



In Loving Memory of
Dr. Kori Hisataka



Dear Instructors, Black Belts, and Non-black Belt Contestants,

On behalf of the Shorinjiryu Shinzen Kyokai, we cordially invite you to participate in the Thirtieth Shorinjiryu Shinzen Shiai dubbed “A Gathering of the Shorinjiryu Karate Family” which will be held on Saturday, October 7, 2017. This prestigious event is the largest strictly Shorinjiryu tournament. We have confirmations from our affiliated schools and our many other Shorinjiryu friends. You will be able to experience the true meaning of karate-do and of family that Shorinjiryu exemplifies.

In honor of this, the 30th Anniversary, we are requesting that schools, if they wish, show-case Shorinjiryu by performing special demonstrations of two to three minutes in length.

Tournament awards will be issued for 1st, 2nd, 3rd and 4th place in all divisions; medals will be awarded for 5th and 6th places in the youth’s divisions and each contestant will receive a special certificate of participation.

As in the past, you can expect this event to be as successful as any before, but ultimately that depends upon your valued participation. **Pre-registration** is a major key to a smooth running event and has certain distinct advantages including monetarily. The order in which a contestant performs in kata is basically based upon the order of registration. Those who register first usually will go last. In shiai, those who register first will be eligible for a bye where applicable. Remember, we will group according to *kyu* and *dan* rankings and not necessarily by belt color.

We are pleased to announce that we will be using the same venue as last year:

Christ the King Regional High School
68-02 Metropolitan Ave.
Middle Village, NY 11379.

This is truly a beautiful site.

Afterwards, we hope you will relax, dance, and partake at our renowned Awards/Dinner Dance which will also be hosted in the Christ the King Regional High School.

We wish you the best of success at this your 31st International Invitational Shorinjiryu Shinzen Shiai.

Myron M. Lubitsch, Hanshi
President

Dan Hayes, Kyoshi
Senior Vice President

Michel Laurin, Hanshi
Canadian Vice President

Jim Griffin, Kyoshi
Asian/Pacific Regional

VP

The Mission Statement

“The expressed purpose of the Shorinjiryu Shinzen Kyokai is to foster harmonious relations between and among the various schools of Shorinjiryu, to establish a forum by which the various schools of Shorinjiryu can come together to share ideas, techniques, competition, philosophies and friendship; to recognize, to support, to validate and to issue grading; to establish a common ranking system of titles, kyu and dan grades, yet maintain the principle of noninterference within each individual school.

The Kyokai is open to practitioners of Shorinjiryu as formulated by Shinan Kori (Kudaka) Hisataka with proper documentation and application review. Membership shall not be denied due to race, national origin, gender, religion or age.”



THE THIRTIETH INVITATIONAL SHINZEN SHIAI

Saturday, October 7, 2017

Starting Time 9:00 A.M.



_____		_____		_____		_____	
Last Name		First Name		D.O.B.		Age	
_____				_____			
Address				City, State, Zip			
_____				_____			
Telephone # and E-Mail Address				Shorinjiryu School's Name			
_____				_____			
Dojo's Name				Instructor's Name			
_____		_____		_____		_____	
Ft. In.		Weight (required)		Male Female		Kyu* Dan*	
Height (required)		Weight (required)		Male Female		Kyu* Dan*	

Events: Shiai Kata Weapons

Black Belt Special Black Belt over 50 Black Belt Koshiki

Divisions will be organized by dans and kyus not necessarily by color.

Divisions are subject to change/elimination/combined, etc. as necessary.

Waiver of Injury

I, the undersigned karate-ka or parent/guardian of the contestant if under 18 years of age, do hereby voluntarily submit my application for participation in the Thirtieth Invitational Shorinjiryu Shinzen Shiai to be held at **Christ the King Regional High School** 68-02 Metropolitan Avenue, Middle Village, Queens, NY 11379 on Saturday, October 7, 2017. I understand that there definitely will be physical contact. I hereby assume full responsibility for any and all damages, injuries, and loses that I may sustain, and agree to hold harmless the officials, directors, promoters of this event, participants and/or the Shorinjiryu Kenryukan Karate Hdq. Ltd., Shorinjiryu Kyokai, etc., their employees, students, and all other personnel, both paid and voluntary, for any personal injury or property damage arising from my attendance and/or participation in the above mentioned tournament. I also agree to waive any and all compensation for the use of pictures, movies, tapes, and/or media coverage by the promoter and those designated by the promoter.

SORRY NO REFUNDS.

_____	_____
Date	Participant's Signature
_____	_____
Date	Signature of parent or guardian if under 18

Basic Rules (Please read General Summary for more details)

- A) Absolutely no face, head, neck, or groin contact.
- B) Groin cups, mouth guards, chest armor and helmet are supplied and are mandatory.
- C) Shin guards, approved hand guard are highly suggested.
- D) Strictly **solid all white** gi only.

WAIVER MUST BE SIGNED

Entry Fees

All submissions are postmarked sensitive.

Super Special Register must be received by August 1, 2016:
\$50/1, 2, 3 or 4 events

Pay \$75 and the adult dinner fee is included.
(flat rate - absolutely no additional discounts)

Pre-register must be received by September 15, 2017:
\$60/1, 2, 3 or 4 events

Final Registration must be received by October 1, 2017:
\$75/1, 2, 3 or 4 events

No applications will be accepted after October 3rd.

Shinzen Kyokai Member Discount \$5.00

Family discount \$10 off additional family participants.

Spectator Fees

Adults \$10.
Youths 6-13 \$5.
Children 5 and under No charge

For information regarding lodgings e-mail MMLShihan@aol.com
or call 718-647-4157

Dinner & Dance

Adults \$40.
Children 12 years old and under \$15.

Total Submitted _____

Please be present by 9 A.M. **Sorry No Refunds**
We have many special demonstrations planned and we need to begin the opening ceremonies on time.

Make checks payable to:

"SHORINJIRYU KENRYUKAN KARATE"
P.O. Box 210160 • Woodhaven, NY 11421 •

Shorinjiryu Shinzen Shiai

General Rules Summary

- 1- A match is 2 minutes running time in all non-black belt divisions and 3 minutes for black belt divisions
- 2- All recognized striking techniques shall be allowed.
- 3- Unless a technique is recognized as an *ippon*, all scoring techniques will be considered a single *waza-ari*.
- 4- A match shall be deemed ended when one contestant has scored an *ippon* (full point).
- 5- In the event that an *ippon* has not been scored, the contestant with the highest number of *waza-ari* (half-points) shall be declared the winner.
- 6- A contestant with a five-*waza-ari* spread shall be declared the winner. *Gotensa na kachi*.
- 7- Three unblocked, unanswered consecutive strong, vigorous *waza-ari* may be declared an *ippon* at the discretion of the chief judge. (*Santensa na kachi*)
- 8- In case of a tie, the match will be extended by one minute *encho-sen*.
- 9- In case of an additional tie, a final extension will be held *sai-encho-sen*. The first contestant to score will be declared the winner whether by *waza-ari* or *ippon*.
- 10- There shall be only two legal target areas - head and chest.
- 11- The only contact permitted is to the chest area covered by the *bogu* (chest armor).
- 12- Absolutely no contact will be permitted to the head, neck, face, back, groin or legs.
- 13- Points will not be scored to the head area in 10 Kyu through 6 Kyu. Points may be scored to the head with non-contact techniques in 5 Kyu through Black Belt divisions. Faking techniques to the head are permissible in all divisions. This provision maybe be cancelled at the discretion of the referee/arbitrator for safety reasons in 10 Kyu through 6 Kyu.
- 14- Any contact to a non-contact area shall result in an automatic penalty half-point.
- 15- The referee does not need verification for awarding a penalty point.
- 16- Two such penalty *waza-ari* will result in automatic disqualification - out of bounds warnings are not applicable to this rule.
- 17- Turning of the back shall be considered a dangerous action, a warning, and then a half point penalty.
- 18- Excessive contact shall result in automatic disqualification.
- 19- Sweeps and throws are allowed only on matted areas. In the event that sweeps and throws are permitted, a mandatory follow up technique must be attempted; otherwise, a single warning will be issued for each violation.
- 20- Out of bounds - two warnings shall be issued before penalty half-points are awarded.
- 21- A contestant may score if one foot is out of bounds.
- 22- Groin cups and mouth guards are mandatory. It must be understood that the size of the protective chest armor must be appropriate to the size of the contestant.
- 23- Shin/instep guards may be worn 10 kyu – 3 kyu.
- 24- Cloth shin and instep pads shall be permitted as long as the pants cover them. In the case of brown and black belts shin/instep guards are not permitted.
- 25- Cloth forearm protectors shall be permitted, especially by females and children, as long as the protectors are covered by the sleeves.
- 26- The only approved hand guards are the black sleeve neoprene and can be used in all divisions.
- 27- Head and chest armor are required and will be provided.

- 28- All contestants must use the same style *bogu do* - chest armor. Each contestant in an individual match must wear the exactly the same type of protective chest armor. It must be understood that the size of the protective chest armor must be appropriate to the size of the contestant.
- 29- Grabbing of the *bogu* is not permitted. One may grab the *gi* if followed by an immediate follow-up.
- 30- Absolutely no jewelry.
- 31- Finger nails and toe nails must be of reasonable length as not to cause injury.
- 32- Traditional **solid all white gi**.
- 33- Full uniforms must be worn at all times. White tee shirts may be worn under the *gi* (*uwagi*) jacket.
- 34- Absolutely no coaching by anyone in all divisions.
- 35- *Karateka* must stay within the confines of their designated areas.
- 36- Contestants are not required to do both sides of open hand and/or weapons kata.
- 37- The Kyokai will supply regulation *bo, sai, kama*, and *nunchuku* for weapons events.
- 38- Divisions will be arranged by *dan* and *kyu* belts wherever possible.
- 39- Weapon divisions are open only to 5 *kyu* (green) and over.
- 40- Questions regarding rules violations must follow proper procedures – arbitrator.
- 41- All black belts are expected to avail themselves of service
- 42- All must follow proper dojo etiquette.
- 43- Disrespect or poor sportsmanship will not be tolerated and may result in disqualification from the match and/or tournament.
- 44- Food and drink must be kept outside the gym.

Special Rules for the Koshiki Divisions

- 1- These divisions are open only to black belts and junior black belts.
- 2- In the special controlled contact (*koshiki*) divisions absolutely controlled contact will be allowed to the visor of the helmet.
- 3- Proper pull back is required for all techniques to the helmet.
- 4- Points
 - a- Two half-points for light highly controlled kicking techniques to the helmet.
 - b- One-half point for all other legal techniques are awarded except in the case of an *ippon*.
- 5- An *ippon* will not be scored to the head.
- 6- The back is a non-contact target area.
- 7- Mouth guards and groin cups are required.
- 8- In an effort to maintain sanitary concerns, the black sleeve non-padded approved hand guard shall be used.
- 9- All *koshiki* divisions will be three minutes in length.
- 10- A seven-point spread ruling applies to these divisions.
- 11- All other rules of the Kyokai apply.
- 12- Depending upon the number of applicants, the divisions will be grouped by weight, age, rank.

Special Notes

Shiai Starting Procedure

•The referee shall stand with both arms at the side, announce in three (3) separate modes: *shobu ippon* (show a winning technique), *kumaete* (prepare to fight-stance), *hajime* (start), step back as the combat begins:

- Shobu ippon* – natural stance
- Kumaete* – get into a fighting stance
- Hajime* – start

Proper kata bowing (after formal bow in)

The contestant shall bow upon entering the *shiai*, bow to the officials, bow before & after performing the kata, bow again to the officials after scoring, step backwards, bow to next competitor, turn bow off the mat. The contestant shall not turn the back to the officials.

Weapons - Choice of these weapons

	Adult & Teen					Youth (12 and under)			
	Length	Diameter	Weight	Not tape red	Length	Diameter	Weight	Not tapered	
Bo	6'	1.25"	~3lbs	“	6'	1.25"	~1.3lbs	“	
	5'	1.25"	~2lbs	“	5'	1.25"	~1.1lbs	“	
Sai	15"		~.90lbs		same	as	adult		
	18"		~1.65lbs		“	“	“		
	20"		~1.85lbs		“	“	“		
Jo	48"	1"	1.25lbs		“	“	“		
	50"	1"	1.25lbs						
Kama	18"	Wood/metal	~13oz		“	“	“		
	10"	Wood/metal	~10oz		“	“	“		
Nunchuku									
	12"	Round	~.90lbs		12"	Rubber/chain			
					8"	Rubber/chain			
Katana	Your own sword is allowed, but not with a live blade.								